

RUTGERS HEALTH

Center for Continuing Education 2019 Professional Development Series

Harm Reduction Basics: A Pragmatic & Evidence Based Approach to Addressing the Overdose Crisis

Come learn from **Dr. Sheila Vakharia, MSW, PhD**, Policy Manager of the Office of Academic Engagement for the Drug Policy Alliance. Dr. Vakharia's research and teaching interests include harm reduction therapy, drug policy reform, drug user stigma, overdose and overdose prevention, and social work education. Sheila is on the Board of HAMS Harm Reduction Network and is a member of the Harm Reduction Therapy Research Group. The seminar will provide continuing education by meeting the following objectives:

1. Identify foundational harm reduction tenets and principles including preconceived notions of harm reduction approaches and interventions
2. Discuss drug user stigma and strategies for using person-first language within the context of the origins of the harm reduction movement
3. Identify micro, mezzo, and macro-level harm reduction interventions, strategies, and policies for people who use drugs
4. Examine the evidence base for harm reduction interventions such as syringe exchange, naloxone distribution, medication assisted treatments for opioid use disorder, fentanyl testing strips/drug checking services
5. Examine the evidence base for mezzo-level programmatic interventions such as safer consumption spaces, integrating the continuum of harm reduction care into addiction and traditional healthcare settings
6. Examine the evidence base for macro-level policy interventions such Good Samaritan Legislation, all drug decriminalization, marijuana regulation
7. Discuss the facilitators and the barriers of harm reduction implementation in the current political environment

Friday, June 21, 2019
151 Centennial Ave., Piscataway, NJ 08854
9:00 a.m. to 3:00 p.m.
Breakfast, Lunch, and CEs Provided
Registration Fee: \$165



REGISTER HERE: <https://rutgers.cloud-cme.com/harmreductionbasics>

Professional Contact Hours Included: 4.5 CME, 4.5 ANCC, 4.5 Psychologists (APA), 4.5 Certified Counselors (NBCC), & 4.5 Social Workers (NJ Board of SW Examiners), 4.5 LCADC (Cert Board of NJ), 4.5 MFT (Cert Board of NJ)

SAVE the DATE

Mark your calendar for the rest of our 2019 offerings!

Ethical Considerations When Treating Couples
July 15, 2019

Innovations in Evidence Based Practice Implementation
August 9, 2019

Incorporating Alternative Wellness Strategies into Your Clinical Practice
(Experiential Workshop including Trauma Informed Yoga)
September 20, 2019

Neurobiology & Alcoholism: Assessment, Diagnosis, and Treatment Implications
October 18, 2019

Buddhist Psychology & Mindfulness in Clinical Practice
December 13, 2019

For more information contact us at (732) 235-9282 or email at cce@ubhc.rutgers.edu